



Clock or Compass? How About Both!



How Are You Maximizing Your Clock and Compass?

Does the amount of time that you are currently spending each day reflect your life goals and values, or does it represent the passage of time and daily to-do lists?

Most people navigate through life using a clock instead of a compass. Unfortunately, a clock won't tell you much about the direction you're heading. When you live by the clock you pass time, when you live by the compass you invest time.

Describe what living by the clock means to you: _____

Describe what living by the compass means to you: _____

How can you leverage your Clock and the Compass in your life and work more effectively?

In this Issue

- ▶ [Clock or Compass? How About Both!](#)

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